

## Clinical References for MenoEze

With the dangers of hormone replacement therapy finally coming to the forefront, thousands of women are looking for safer alternatives to this dangerous treatment. Through a combination of nutrients and herbal extracts, women have been able to live the quality of life they had hoped for without the risks of HRT. Quotes from some of the many studies we have researched follow:

“It is suggested that ligands and isoflavonoids may affect uptake and metabolism of sex hormones and in this way influence their biological activity and that they may inhibit cancer cell growth like some flavonoids by competing with estradiol for the type II estrogen binding sites. *J Steroid Biochem Molecular Biology 1992: 41*

“After six months use of ipriflavones, the bone mineral density of the L2-L4 vertebral region increased in the ipriflavone-treated group, whereas it decreased in the placebo-treated group.” *Agents Actions 1994:41*

“ These data imply that Kava extract is superior to placebo as a symptomatic treatment for anxiety. Therefore kava extract is an herbal treatment option for anxiety that is worthy of consideration.” *J Clinical Psychopharmacology 2000: 20*

Further references of the hundreds researched follow:

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