

LiquiDaily Bio Complete Calcium Plus

The use of a Liquid Delivery System has long proven one of the most effective ways in which to supply nutrients to the human body. Absorption is considerably higher with liquids, when used in persons over the age of 50 or those with a compromised digestive system.

Liquids have two opportunities for digestive absorption, the stomach and small intestine, so if this were a concern, liquids would be the medium of choice. Calcium is notoriously difficult to absorb effectively due to the Alkaline pH of most sources of the mineral. The Calcium we use in both our capsule and liquid forms, is pre-acidified to help ensure better absorption via the stomach. Another advantage to Liquid Calcium is the potency.

When we need to deliver higher amounts of Calcium and adjunct minerals such as Magnesium, Potassium, and the trace minerals Boron, Manganese, Zinc and Copper (all essential in the uptake of Calcium), we use the Liquid Delivery System. One half-ounce (1 tablespoon) supplies 600 mg of Calcium. That's 1200 mg per ounce!

Either way, capsules or liquids, it's important to provide all the adjunct major and trace minerals necessary for the body to utilize Calcium most efficiently.

*Excerpted from a lecture by K. Steven Whiting Ph.D., Director, Institute of Nutritional Science.
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These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

LiquiDaily Bio Complete Calcium Plus: The absorption of Calcium and Magnesium, two key minerals in human health, is often challenging, especially for those over the age of 35 or 40. Several factors are necessary in the proper absorption of these minerals such as pH, particle size, and delivery system.

Liquid supplements tend to be more bio-available to the system simply because the body has more than one opportunity to absorb nutrients from liquid form. Key co-factors to ensure proper assimilation of Calcium such as Vitamin D, and the trace minerals Zinc, Copper, Manganese, and Boron should also be included. The final factor in Calcium supplementation has to be potency. Both Calcium and Magnesium take up a great deal of space, making it necessary to consume large numbers of capsules if a large dose of these minerals is required. A liquid suspension allows us to offer a higher potency for those who find this a need.

Serving Size ½ oz. (1 tbps.)		
Servings per Container 32		
Amount Per ½ oz serving		% Daily Value
Calories 20		
Total Carbohydrates	4.5 gm	2%
Vitamin D3 (Cholecalciferol)	100 IU	25%
Calcium (Calcium citrate, phosphate)	600 mg	75%
Magnesium (Citrate)	300 mg	75%
Phosphorus (Calcium Phosphate)	300 mg	30%
Zinc (Gluconate)	5 mg	25%
Copper (amino acid chelate)	0.5 mg	50%
Manganese (Gluconate)	1 mg	50%
Potassium (Citrate)	100 mg	3%
Boron	1 mg	*
Strontium (chelate)	50 mcg	*
<i>* Daily Value Not Established</i>		
<i>Other Ingredients: Purified water, natural vegetable glycerine, natural orange-vanilla flavor, citric acid, xanthan gum, sodium benzoate, potassium sorbate.</i>		
Suggested Use: Adults – Take ½ oz. (1 tbps.) daily or as directed by your health care practitioner. May be mixed with water or juice. Shake well before each use. Refrigerate after opening.		
For best results, we suggest using this product in conjunction with a Full Spectrum liquid nutritional program.		