

MetaboPro Protein Shake

The battle of excess weight is one that is shared by millions of people. Our dietary habits, over the past few generations, have led us to the point where millions of people are suffering from what is called Carbohydrate Intolerance. The medical term for the extreme cases of this is called Syndrome X or Hyperinsulinemia. These individuals routinely do not respond well to Calorie Restrictive diets. In fact it is estimated that about 75 percent of all overweight people are so because of Carbohydrate Intolerance, while the remaining 25 percent carry excess weight due to simply consuming too much food.

While most diet shakes designed for women utilize Soy protein, which is the protein of choice for women, Soy protein is not recommended for men. Our protein shake is 100% Whey protein and is ideal for men as it does not provide Phytoestrogen compounds, which are already in excess in our environment, and change a man's hormonal chemistry in such a way that could potentially cause him some health problems.

Another excellent benefit to Whey protein is its positive effect on the Immune System. Clinical Studies have shown that whey can both stimulate and enhance immune function in humans.

In addition to quality protein, MetaboPro provides key nutrients, designed to help the body in normalizing body weight. Citrus Aurantium stimulates the resting metabolic rate, thereby increasing the speed at which the body burns calories, even during resting periods, without causing a stimulating effect of the central nervous system. Since it does not affect the nervous system, it is safe for anyone to use.

Hydroxy Citric Acid, another key nutrient in metabolic activation, further assists the body in releasing excess stored energy in the fat cells. One of the most well established groups of nutrients for supporting the body in regulating stored fat is the Lipotropic Agents. Through their action upon the Liver, they help the body to mobilize fat stores and turn them into energy to help you get through the day. We include the three key Lipotropic Factors, Inositol, Choline, and the Amino Acid Methionine.

Lastly, because dieting frequently deprives the dieter of key electrolyte minerals, we have fortified every serving of MetaboPro with Calcium, Magnesium and Potassium, each in a highly absorbable Citrate form.

*Excerpted from a lecture by K. Steven Whiting Ph.D., Director, Institute of Nutritional Science.
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These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

MetaboPro: If you desire to regulate the intake of Carbohydrates, Calories, or both, MetaboPro may be your answer to making dieting a bit simpler. Dieting can be difficult at best, but MetaboPro makes it easy! MetaboPro not only provides a measured serving of nutrients and high quality protein, but also offers a sweet, tasty, alternative treat to the often bland food selections accompanying most diets. Choose either Royal Chocolate or Tahitian Vanilla, both are all naturally flavored, and begin taking back your health today!

Servings Per Container 15

Each 49 grams of powder (2 scoops) will provide:

	Chocolate	Vanilla	% Daily Value
Calories	131	128	
Carbohydrates	3 gm	3 gm	
Fat	1.4 gm	1 gm	
Protein (100% Whey)	25 gm	25 gm	
Fiber	3 gm	3 gm	
Calcium Gluconate	500 mg	500 mg	50%
Magnesium Gluconate	200 mg	200 mg	50%
Potassium Gluconate	100 mg	100 mg	4%
Choline Bitartrate	100 mg	100 mg	*
L-Methionine	100 mg	100 mg	*
Inositol	100 mg	100 mg	*
Hydroxy Citric Acid	400 mg	400 mg	*
Citrus Aurantium (10%)	150 mg	150 mg	*

For best results, we suggest using this product in conjunction with a Full Spectrum liquid nutritional program.

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